

CURRICULUM VITAE  
**JESSICA A. STERN, PHD**

Postdoctoral Research Associate  
University of Virginia

[js4qb@virginia.edu](mailto:js4qb@virginia.edu) | [drjessiestern.com](http://drjessiestern.com) | pronouns: she/her

Research areas: child development, attachment, relationships, empathy, anti-racism

**POSITIONS**

- 2022 – 2023 Engagements Teaching Fellow, College of Arts & Sciences University of Virginia
- 2020 – 2023 Postdoctoral Research Fellow, Dept. of Psychology
- 2019 – 2020 Postdoctoral Research Associate, Dept. of Psychology  
*BabyLab* (PI: Tobias Grossmann), *Early Social Development Lab* (PI: Amrisha Vaish),  
*Virginia Adolescent Research Group* (PI: Joseph P. Allen)
- 2014 – 2019 Graduate Research Assistant, Dept. of Psychology University of Maryland  
*Maryland Child & Family Development Lab* (PI: Jude Cassidy)
- 2012 – 2014 Professional Research Assistant, Dept. of Psychiatry University of Colorado  
Anschutz School of Medicine | *JFK Partners Autism Clinic* (PI: Judy Reaven)
- 2012 – 2014 Project Coordinator National Research Center (Polco)
- 2009 – 2012 Research Assistant, Dept. of Psychology Pomona College  
*Child Attachment, Relationships & Emotion Lab* (PIs: Patricia Smiley & Jessica Borelli)  
*Pomona College Perception and Cognition Lab* (PI: William Banks)

**EDUCATION**

- 2019 Ph.D., Developmental Psychology University of Maryland, College Park, MD
- 2016 M.S., Developmental Psychology *Flagship Fellow & Dean's Fellow*  
*Advisor: Jude Cassidy*
- 2012 B.A., Psychology, *summa cum laude* Pomona College, Claremont, CA  
*Distinction in the Senior Exercise, Psychology Prize*  
*Thesis advisors: Patricia Smiley & Jessica Borelli*

**RESEARCH**

PUBLICATIONS

Summary: 32 peer-reviewed articles (12 first-author), 3 book chapters  
Google Scholar metrics: 1321 citations, h-index: 16, i10-index: 19

*Peer-reviewed Articles*

\* *student mentee*

1. Allen, J. P., Pettit, C., Costello, M. A., Hunt, G. L., & **Stern, J. A.** (in press). A social-development model of the evolution of depressive symptoms from age 13 to 30. *Development & Psychopathology*.
2. **Stern, J. A.**, Barbarin, O., & Cassidy, J. (Guest Eds.) (2022). Attachment perspectives on race, prejudice, and antiracism: Introduction to the Special Issue. *Attachment & Human Development*, 24(3), 253–259. <https://doi.org/10.1080/14616734.2021.1976920>

3. **Stern, J. A.**, Barbarin, O. A., & Cassidy, J. (2022). Working toward anti-racist perspectives in attachment theory, research, and practice [Special issue]. *Attachment & Human Development*, 24(3), 392–422. <https://doi.org/10.1080/14616734.2021.1976933>
4. **Stern, J. A.**, Jones, J. D., Nortey,\* B., Lejuez, C. W., & Cassidy, J. (2022). Pathways linking attachment and depressive symptoms for Black and White adolescents: Do race and neighborhood racism matter? [Special issue]. *Attachment & Human Development*, 24(3), 304–321. <https://doi.org/10.1080/14616734.2021.1976924>
5. **Stern, J. A.**, Kelsey, C. M., Krol, K. M., & Grossmann, T. (2022). Maternal recognition of positive emotion predicts sensitive parenting in infancy. *Emotion*. <https://doi.org/10.1037/emo0001125>
6. Whittenburg,\*<sup>†</sup> P., **Stern, J. A.**, Brett, B. E., Straske, M. D., & Cassidy, J. (2022). Maternal depressive symptoms and child behavior problems: Attachment security as a protective factor. *Development and Psychopathology*. <https://doi.org/10.1017/S0954579421001802>  
<sup>†</sup>Shared first authorship with student mentee
7. Brett, B. E., **Stern, J. A.**, Gross, J. T., & Cassidy, J. (2022). Maternal depressive symptoms and preschoolers' helping, sharing, and comforting: The moderating role of child attachment. *Journal of Clinical Child & Adolescent Psychology*, 51, 623–636. <https://doi.org/10.1080/15374416.2020.1738235>
8. Chajes, J. R., **Stern, J. A.**, Kelsey, C. M., & Grossmann, T. (2022). Examining the role of socioeconomic status and maternal sensitivity in functional brain network connectivity in 5-month-old infants. *Frontiers in Neuroscience*, 16, 892482. <https://doi.org/10.3389/fnins.2022.892482>
9. Fitter, M. H., **Stern, J. A.**, Straske, M. D., Allard, T., Cassidy, J., & Riggins, T. R. (2022). Mothers' attachment representations and children's brain structure. *Frontiers in Human Neuroscience*, 16, 740195. <https://doi.org/10.3389/fnhum.2022.740195>
10. Jones, J. D., **Stern, J. A.**, Fitter, M. H., Mikulincer, M., Shaver, P. R., & Cassidy, J. (2022). Attachment and attitudes toward children: Effects of security priming in parents and non-parents. *Attachment & Human Development*, 24, 147–168. <https://doi.org/10.1080/14616734.2021.1881983>
11. Szwedlo, D. E., **Stern, J. A.**, Kansky, J., Lis, E., & Allen, J. P. (2022). Parent and romantic partner behaviors during adolescence as predictors of young adult positive personality, relational competence, and functional independence. *Journal of Youth and Adolescence*. <https://doi.org/10.1007/s10964-022-01641-1>
12. Coffey, J. K., Bond, D. K., **Stern, J. A.**, & Van Why, N. (2022). Sexual experiences and attachment styles in online and offline dating contexts. *International Journal of Sexual Health*. <https://doi.org/10.1080/19317611.2022.2110349>
13. Costello, M. A., Allen, J. P., Womack, S., Loeb, E. L., **Stern, J. A.**, & Pettit, C. (2022). Characterizing emotional support development: From adolescent best friendships to young adult romantic relationships. *Journal of Research on Adolescence*. <https://doi.org/10.1111/jora.12809>
14. **Stern, J. A.**, Costello, M. A., Kansky, J., Fowler, C., Loeb, E., & Allen, J. P. (2021). Here for you: Attachment and the growth of empathic support for friends in adolescence. *Child Development*, 92, e1326–e1341. <https://doi.org/10.1111/cdev.13630>
15. Borelli, J. L., **Stern, J. A.**, Smiley, P. A., Marvin,\* M. J., Pettit, C., & Samudio, M. (2021). Mentalization and empathy among parents of school-aged children: Charting the space between. *Emotion*, 21, 783–800. <http://dx.doi.org/10.1037/emo0000747>

16. Loeb, E., **Stern, J. A.**, Costello, M. A., & Allen, J. P. (2021). With(out) a little help from my friends: Insecure attachment in adolescence, support-seeking, and adult negativity and hostility. *Attachment & Human Development*, 23, 624–642. <https://doi.org/10.1080/14616734.2020.1821722>
17. **Stern, J. A.**, Beijers, R., Ehrlich, K. B., Cassidy, J., & de Weerth, C. (2020). Beyond early adversity: Parenting predicts infants' physical health in a community sample. *Journal of Developmental and Behavioral Pediatrics*, 41, 452–460. <http://doi.org/10.1097/DBP.0000000000000804>
18. **Stern, J. A.**, Botdorf, M., Cassidy, J., & Riggins, T. (2019). Empathy and hippocampal volume in young children [Special issue]. *Developmental Psychology*, 55, 1908–1920. <http://dx.doi.org/10.1037/dev0000684>
19. Ehrlich, K B., **Stern, J. A.**, Eccles, J. S., Dinh, J. V., Hopper, E. A., Kemeny, M. E., Adam, E. K., & Cassidy, J. (2019). A preliminary investigation of attachment style and inflammation in African American young adults [Special issue]. *Attachment & Human Development*, 21, 57–69. <https://doi.org/10.1080/14616734.2018.1541516>
20. Beier, J. S., Gross, J. T., Brett, B. E., **Stern, J. A.**, Martin, D. R., & Cassidy, J. (2019). Helping, sharing, and comforting in young children: Links to individual differences in attachment. *Child Development*, 90, e273–e289. <https://doi.org/10.1111/cdev.13100>
21. **Stern, J. A.**, Fraley, R. C., Jones, J. D., Gross, J. T., Shaver, P. R., & Cassidy, J. (2018). Developmental processes across the first two years of parenthood: Stability and change in adult attachment style. *Developmental Psychology*, 54, 975–988. <http://dx.doi.org/10.1037/dev0000481>
22. **Stern, J. A.**, & Cassidy, J. (2018). Empathy from infancy to adolescence: An attachment perspective on the development of individual differences. *Developmental Review*, 47, 1–22. <https://doi.org/10.1016/j.dr.2017.09.002>
23. Cassidy, J., **Stern, J. A.**, Mikulincer, M., Martin, D. R., & Shaver, P. R. (2018). Influences on care for others: Attachment security, personal suffering, and care recipient characteristics. *Personality and Social Psychology Bulletin*, 44, 574–588. <https://doi.org/10.1177%2F0146167217746150>
24. Jones, J. D., Fraley, R. C., Ehrlich, K. B., **Stern, J. A.**, Lejuez, C. W., Shaver, P. R., & Cassidy, J. (2018). Stability of attachment style in adolescence: An empirical test of alternative developmental processes. *Child Development*, 89, 871–880. <https://doi.org/10.1111/cdev.12775>
25. Gross, J., **Stern, J. A.**, Brett, B., & Cassidy, J. (2017). The multifaceted nature of prosocial behavior in children: Links with attachment theory and research. *Social Development*, 26, 661–678. <https://doi.org/10.1111/sode.12242>
26. Cassidy, J., Brett, B. E., Gross, J. T., **Stern, J. A.**, Martin, D. R., Mohr, J., & Woodhouse, S. S. (2017). Circle of Security—Parenting: A randomized controlled trial in Head Start [Special issue]. *Development & Psychopathology*, 29, 651–673. <https://doi.org/10.1017/S0954579417000244>
27. **Stern, J. A.**, Borelli, J. L., & Smiley, P. A. (2015). Assessing parental empathy: A role for empathy in child attachment. *Attachment & Human Development*, 17, 1–22. <https://doi.org/10.1080/14616734.2014.969749>
28. Reaven, J., Washington, L., Moody, E. J., **Stern, J. A.**, Hepburn, S. L., & Blakeley-Smith, A. (2015). Examining the relationship between parental anxiety and treatment response in children and adolescents with autism spectrum disorder and anxiety. *Journal of Autism and Developmental Disorders*, 45, 2464–2473. <https://doi.org/10.1007/s10803-015-2410-0>

29. Reaven, J., Blakeley-Smith, A., Beattie, T. L., Sullivan, A. Moody, E. J., **Stern, J. A.**, Hepburn, S. L., & Smith, I. M. (2015). Improving transportability of a CBT intervention for anxiety in youth with ASD: Results from a US–Canada collaboration. *Autism, 19*, 211–222. <https://doi.org/10.1177%2F1362361313518124>
30. **Stern, J. A.**, Gadgil, M. J., Blakeley-Smith, A., Reaven, J., & Hepburn, S. L. (2014). Psychometric properties of the SCARED in youth with autism spectrum disorder. *Research in Autism Spectrum Disorders, 8*, 1225–1234. <https://doi.org/10.1177%2F1362361313518124>
31. Hepburn, S. L., **Stern, J. A.**, Blakeley-Smith, A., Kimel, L. K., & Reaven, J. (2014). Complex psychiatric comorbidity of treatment-seeking youth with autism spectrum disorder and anxiety symptoms. *Journal of Mental Health Research in Intellectual Disabilities, 7*, 359–378. <https://doi.org/10.1080/19315864.2014.932476>
32. Isham, E. A., Banks, W. P., Ekstrom, A. D., & **Stern, J. A.** (2011). Deceived and distorted: Game outcome retrospectively determines the reported time of action. *Journal of Experimental Psychology: Human Perception & Performance, 37*, 1458–1469. <https://psycnet.apa.org/doi/10.1037/a0023111>

### Book Chapters

33. **Stern, J. A.**, Dunbar, A. S., & Cassidy, J. (in press). Pathways to emotion regulation in young Black children: An attachment perspective. In C. Tamis-Lemonda & J. Lockman (Eds.), *Advances in Child Development and Behavior, Vol. 64: Developmental Cascades*. Elsevier.
34. **Stern, J. A.**, & Grossmann, T. (invited chapter in prep). The neuroscience of social relationships in early development. In M. A. Bell (Ed.), *Child development at the intersection of emotion and cognition* (2nd ed.). American Psychological Association.
35. Shaver, P. R., Mikulincer, M., Gross, J. T., **Stern, J. A.**, & Cassidy, J. (2016). A lifespan perspective on attachment and care for others: Empathy, altruism, and prosocial behavior. In J. Cassidy & P. Shaver (Eds.), *Handbook of attachment: Theory, research and clinical applications* (3<sup>rd</sup> ed., pp. 878–916). Guilford Press.

### GRANTS & FELLOWSHIPS

- |             |                                                                                                                                                                                                                                                                                                                                                                              |
|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023 – 2025 | PEACE Grant & Samuel B. Hanser Visionary Grant (Paul Condon, PI)<br>Mind & Life Institute<br><i>Recovering the relational roots of compassion training: Supporting sustainable and inclusive care</i><br>\$25,000      Role: Co-I                                                                                                                                            |
| 2020 – 2023 | National Research Service Award (NRSA)<br>Eunice Kennedy Shriver National Institute of Child Health & Human Development<br><i>Empathy Development in Infancy and Adolescence: The Role of Attachment</i><br>1F32HD102119-01      \$135,948      Role: PI<br><i>Special supplement award</i> (6-month funded extension)<br>3F32HD102119-02S1      \$34,901 (Total: \$170,849) |
| 2021 – 2022 | Transformative Neurodevelopment Pilot Grant<br>U. of Virginia Brain Institute and Baby Brain Initiative (BaBI)<br><i>Social and Neural Mechanisms of Early Cooperative Behavior</i><br>BaBI_2021_Stern      \$34,750      Role: Co-PI (with Tobias Grossmann)                                                                                                                |
| 2020 – 2021 | Climate Impact Small Research Grant<br>Society for Personality and Social Psychology (SPSP) Climate Impact Task Force                                                                                                                                                                                                                                                        |

	<i>The Moral Roots of Pro-Environmental Behavior</i>		
	20-1-01	\$1,500	Role: PI
2018 – 2019	Dissertation Funding Award Society for Research in Child Development (SRCD) Student and Early Career Council <i>Enhancing security in the classroom to boost student empathy and helping</i>		
	SECC-DFA-2018	\$2,000	Role: PI
2018 – 2019	Dissertation Research Grant Dean’s Research Initiative, U. of Maryland College of Behavioral & Social Sciences <i>Enhancing security in the classroom to boost student empathy</i>		
	DRI-DD-2018	\$1,060	Role: PI
2018 – 2019	Seed Project Grant (Jude Cassidy, PI) Dean’s Research Initiative, U. of Maryland College of Behavioral & Social Sciences <i>Implicit racial bias among teachers-in-training: An experimental priming study to examine and shift bias, attributions, and behavior</i>		
	DRI-L1-2018	\$5,875	Role: Co-I
2018	Dean’s Fellowship, U. of Maryland Graduate School (\$2,500)		
2018	Psychology Merit Travel Award, Dept. of Psychology, U. of Maryland (\$500)		
2017, 2018	Jacob K. Goldhaber Travel Awards (x2), U. of Maryland Graduate School (\$800, \$1,200)		
2017, 2018	International Conference Student Support Awards (x2), U. of Maryland (\$180, \$320)		
2017	Society for Research in Child Development (SRCD) Student Travel Award (\$300)		
2015 – 2018	NSF Graduate Research Fellowship National Science Foundation Graduate Research Fellowship Program <i>“I know how you feel”: Toward an intergenerational model of empathy and aggression in middle childhood</i>		
	DGE 1322106	\$102,000	Role: PI
2015 – 2018	Janet W. Johnson Fund Travel Awards (total funds over 5 years: \$8,000) Dept. of Psychology - Developmental Area, U. of Maryland		
2015 – 2016	Developmental Science Workshop Grant (\$1,000) Graduate Field Committee in Developmental Science, U. of Maryland Co-organizer with B. E. Brett, J. T. Gross, & D. R. Martin   Faculty sponsor: Jude Cassidy <i>Roots of compassion: From basic science to practice</i>		
2014 – 2019	Flagship Fellowship, U. of Maryland Graduate School (\$50,000)		
2014 – 2015	Dean’s Fellowship, U. of Maryland Graduate School (\$2,500)		
2010	Summer Undergraduate Research Project Grant (\$1,000) Dept. of Psychology, Pomona College   Faculty sponsor: Jessica Borelli <i>Assessing parental empathy: The development of a new measure</i>		

#### AWARDS & HONORS

2021	UVA Career Center 2021 Summer Plans Survey: identified by students as “the individual who helped them the most with their career development this year”
2021	SRCD Early Career Poster Competition Finalist + Strategic Plan Poster Winner
2019	SRCD Dissertation Funding Award
2018	Milton Dean Havron Social Sciences Award, University of Maryland
2017	Honors on the Developmental Psychology Comprehensive Exam, University of Maryland
2012	Psychology Prize, Dept. of Psychology, Pomona College
2012	Distinction in the Senior Exercise, Dept. of Psychology, Pomona College
2008 – 2012	Pomona College Scholar Distinction, Pomona College

CONFERENCE PRESENTATIONS

Summary: 54 presentations (23 first-author), 3 chaired symposia

*Chaired Conference Symposia*

- **Stern, J. A.**, & Barbarin, O. A. (2021, April). *Attachment theory and Black youth development: New directions for cross-disciplinary dialogue*. Paper symposium at the Society for Research in Child Development Virtual Biennial Meeting.
- **Stern, J. A.**, & Ehrlich, K. B. (2019, March). *Close relationships and physical health: A lifespan developmental perspective*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- **Stern, J. A.**, & J. Cassidy (2017, June). *Adult attachment style: Implications for parenting behavior and child outcomes*. Paper symposium at the Int. Attachment Conference, London.

*Paper Presentations*

\* student mentee

1. **Stern, J. A.**, Jones, J. D., Nortey,\* B., Lejuez, C. W., & Cassidy, J. (2022, March). Pathways linking attachment and depressive symptoms for Black and White adolescents: Do race and neighborhood racism matter? In J. D. Jones (Chair), *Novel approaches to the risk, identification, and prevention of adolescent depression*. Paper symposium at the Society for Research on Adolescence Biennial Meeting, New Orleans, LA.
2. Fowler,\* C. K., **Stern, J. A.**, Mitchell, J. J., & Allen, J. P. (2022, March). *Empathy as a risky strength: effects of emotional empathy on adolescent internalizing symptoms*. Paper at the Society for Research on Adolescence Biennial Meeting, New Orleans, LA.
3. **Stern, J. A.**, Kelsey, C. M., Krol, K. M., & Grossmann, T. (2022, Feb). *Emotion perception and maternal sensitivity in infancy*. Data blitz talk at the Society for Personality and Social Psychology: Close Relationships Preconference, San Francisco, CA.
4. **Stern, J. A.**, Sechser, T. S., & Grossmann, T. (2021, May). *Political differences in social threat perception*. Flash talk at the Association for Psychological Science Virtual Convention.
5. Dela Cruz, K. L., Thrasher, C., **Stern, J. A.**, & Grossmann, T. (2021, April). *Higher relationship quality with caregivers, not child temperament, predicts higher threat bias among preschoolers*. Paper at the Society for Affective Science Virtual Meeting.
6. **Stern, J. A.**, Cassidy, J., & Barbarin, O. A. (2021, April). Attachment theory and perspectives on Black youth development: A dialogue. In **J. A. Stern** & O. A. Barbarin (Chairs), *Attachment theory and Black youth development: New directions for cross-disciplinary dialogue*. Paper symposium at the Society for Research in Child Development Virtual Biennial Meeting.
7. Jones, J. D., Fraley, R. C., **Stern, J. A.**, Lejuez, C. W., & Cassidy, J. (2021, April). *Longitudinal examination of bidirectional links between parent emotion socialization and youth internalizing symptoms*. Flash Talk at the Society for Research in Child Development Virtual Biennial Meeting.
8. **Stern, J. A.**, Ehrlich, K. B., Jones, J. D., Kemeny, M., Eccles, J., & Cassidy, J. (2019, March). Close relationships in adolescence and adulthood as predictors of inflammatory markers in midlife. In J. A. Stern (Chair), *Close relationships and physical health: A lifespan developmental perspective*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.

9. **Stern, J. A.**, Gross, J. T., Brett, B. E., Riggins, T., Fitter, M. H., Milheim\*, E., & Cassidy, J. (2019, March). Adult attachment style predicts parents' empathy for their children: Evidence from preschool through middle childhood. In S. Woodhouse (Chair), *Adult attachment style: Implications for parenting behavior and child outcomes*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
10. Gross, J. T., **Stern, J. A.**, Kelman,\* E., & Cassidy, J. (2019, March). Hiding how you really feel: Child and parent attachment predict expressive suppression in middle childhood. In H. Rasmussen & M. Kerr (Chairs), *Attachment styles: A window into emotional processes across development*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
11. **Stern, J. A.**, Gross, J. T., Jones, J. D., Brett, B. E., Lin,\* D., & Cassidy, J. (2017, June). Corporal punishment of preschoolers: Adult attachment style predicts mothers' spanking behavior. In J. A. Stern & J. Cassidy (Co-Chairs), *Adult attachment style: Implications for parenting behavior and child outcomes*. Paper symposium at the International Attachment Conference, London, UK.
12. Cassidy, J., Gross, J. T., Brett, B. E., **Stern, J. A.**, Martin, D. R., Mohr, J. J., & Woodhouse, S. S. (2017, June). Circle of Security – Parenting: A randomized controlled trial within Head Start. In B. Jones Harden (Chair), *Infusing attachment approaches into community-based service delivery*. Paper symposium at the International Attachment Conference, London.
13. Beier, J. S., Gross, J. T., Brett, B. E., **Stern, J. A.**, Martin, D. R., Mitchell\*, B., & Cassidy, J. (2017, April). Helping, sharing, and comforting in young children: Links to individual differences in attachment. In J. S. Beier & K. Dunfield (Chairs), *Varieties of prosocial behavior from a diversity of perspectives: What we've learned and where we're going*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Austin, TX.
14. Cassidy, J., Gross, J. T., Brett, B. E., **Stern, J. A.**, Martin, D. R., Mohr, J., & Woodhouse, S. S. (2017, April). Circle of Security – Parenting: A randomized controlled trial within Head Start. In L. Berlin (Chair), *Community implementation of attachment-based interventions: New frontiers*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Austin, TX.
15. **Stern, J. A.**, Smiley, P. A., & Borelli, J. L. (2015, March). "I'll love you if...": Parent empathy, conditional regard, and children's depressive symptoms. In J. Borelli (Chair), *The role of close relationships in child internalizing disorders*. Paper symposium at the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.
16. Giron, A., Walsh, N., Breeling, T., Caldwell, E., & **Stern, J. A.** (2014, April). *The impact of Urban Advantage on teachers, students, and families in Metro Denver*. Paper presentation at the American Education Research Association Annual Meeting, Philadelphia, PA.
17. Coffey, J. K., **Stern, J. A.**, Smiley, P. A., Miller, K. F., & Borelli, J. L. (2012, August). *Parental conditional regard predicts excessive reassurance-seeking in children*. Paper presentation at the APA Division 7 Young Researchers in Developmental Psychology Symposium (special session), Orlando, FL.

## Poster Presentations

18. **Stern, J. A.**, Kelsey, C. M., Yancey, H., & Grossmann, T. (2022, July). *Maternal sensitivity and infant brain response to emotion*. Thematic poster presentation at the International Congress of Infant Studies, Ottawa, Canada.
19. Chajes, J., **Stern, J. A.**, Kelsey, C. M., & Grossmann, T. (2022, July). *The impact of socioeconomic status and maternal sensitivity on the development of functional connectivity in infants*. Poster at the International Congress of Infant Studies, Ottawa, Canada.
20. Marvin,\* M. J., **Stern, J. A.**, & Cassidy, J. (2022, Feb). *Parental empathy: Measurement and dimensional structure*. Poster at the Society for Personality and Social Psychology: Emotion Preconference, San Francisco, CA.  
 † *Nominee, 2022 SPSP Poster Award*
21. **Stern, J. A.**, Yucel, M., Grossmann, T., & Vaish, A. (2021, April). *Childhood roots of “being green”: Moral judgments of environmental actions in children and adults*. Poster at the Society for Research in Child Development Virtual Biennial Meeting.  
 † *Finalist, Society for Research in Child Development (SRCD) Student and Early Career Council (SECC) Poster Competition*  
 † *Winner, SRCD Strategic Plan Poster Special Designation*
22. Fowler,\* C. K., **Stern, J. A.**, & Allen, J. P. (2021, April). *Empathy as a risky strength: Effects of emotional empathy on adolescent internalizing symptoms*. Poster at the Society for Research in Child Development Virtual Biennial Meeting.
23. Fowler,\* C. K., **Stern, J. A.**, Zamalis, A., Szvedo, D., & Allen, J. P. (2021, April). *The intergenerational transmission of parenting behavior and the moderating effects of romantic relationships*. Poster at the Society for Research in Child Development Virtual Biennial Meeting.
24. Costello, M. A., Pettit, C., **Stern, J. A.**, Loeb, E., Kansky, J., & Allen, J. P. (2021, April). *Emotional support development in adolescent friendships: A transactional, iterative social learning process*. Poster at the Society for Research in Child Development Virtual Biennial Meeting.
25. **Stern, J. A.**, Yucel, N. M., Grossmann, T., & Vaish, A. (2021, February). *Moral judgments of environmental harm mediate the association between political orientation and sustainable behavior*. Poster at the Society for Personality and Social Psychology virtual Sustainability Preconference.
26. Pendergrass,\* J., **Stern, J. A.**, Williams, C., & Grossmann, T. (2020, July). *Neurobiological markers of Autistic traits in infants*. Presentation at the Virtual Leadership Alliance National Symposium.
27. Fitter, M. H., Ehrlich, K. B., **Stern, J. A.**, Gross, J. T., & Cassidy, J. (2019, July). *Links between adolescent secure base representations and expectations of future romantic relationships*. Poster at the International Attachment Conference, Vancouver, CA.
28. Whittenburg,\* P. N., **Stern, J. A.**, Brett, B. E., Gross, J., & Cassidy, J. (2019, May). *The buffering role of attachment on the relation between maternal depressive symptoms and child behavior problems*. Poster at the Association for Psychological Science annual meeting, Washington, DC.
29. Benner,\* M., Patton,\* D. A., **Stern, J. A.**, Brett, B. E., Gross, J. T., & Cassidy, J. (2019, May). *Does child attachment security moderate the relation between maternal depressive symptoms and child executive function?* Poster at the Association for Psychological Science annual meeting, Washington, D.C.



30. Patton,\* D. A., Benner,\* M., **Stern, J. A.**, Brett, B. E., Gross, J. T., & Cassidy, J. (2019, May). *Supportive parenting moderates the relation between corporal punishment and child prosocial behavior in girls*. Poster at the Association for Psychological Science annual meeting, Washington, D.C.
31. Weinberg, B. E., Riggins, T., **Stern, J. A.**, & Cassidy, J. (2019, May). *Relations between hippocampal subregion volumes and emotion regulation in young children*. Poster at the Association for Psychological Science annual meeting, Washington, D.C.
32. Milheim,\* E., **Stern, J. A.**, Brett, B. E., Gross, J. T., & Cassidy, J. (2019, April). *The role of punitive parenting behavior as a mediator of the link between parenting stress and disorganized child attachment*. Poster at the University of Maryland Psychology Undergraduate Research Fair, College Park, MD.
33. Brett, B. E., Gross, J. T., **Stern, J. A.**, & Cassidy, J. (2019, March). *Preschoolers' attachment security moderates the link between maternal depressive symptoms and children's prosocial comforting*. Poster at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
34. Fitter, M. H., Ehrlich, K. B., **Stern, J. A.**, Gross, J. T., & Cassidy, J. (2019, March). *Links between adolescent secure base representations and expectations of future romantic relationships*. Poster at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
35. **Stern, J. A.**, Benner,\* M., Patton,\* D. A., & Cassidy, J. (2019, March). *Social information processing of others' distress: Implications for parenting and children's empathy*. Poster at the International Convention of Psychological Science, Paris, France.
36. **Stern, J. A.**, Beijers, R., Ehrlich, K. B., Cassidy, J., & de Weerth, C. (2018, July). *Early experiences of sensitive maternal care predict infant health*. Poster at the International Congress on Infant Studies Biennial Congress, Philadelphia, PA.
37. Brett, B. E., Gross, J., **Stern, J. A.**, & Cassidy, J. (2018, June). *Maternal depression and preschoolers' prosocial comforting: The role of secure attachment*. Poster at the Administration of Children and Families' National Research Conference on Early Childhood, Arlington, VA.
38. **Stern, J. A.**, Jones, J. D., Fraley, R. C., Ehrlich, K. B., Lejuez, C., Shaver, P., & Cassidy, J. (2018, April). *Stability of attachment style in adolescence: An empirical test of alternative developmental processes*. Poster at the Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.
39. **Stern, J. A.**, Beijers, R., Ehrlich, K. B., Cassidy, J., & de Weerth, C. (2017, October). *Beyond early adversity: Parenting predicts infant health in a community sample*. Poster at the 10th World Congress on Development Origins of Health and Disease, Rotterdam, The Netherlands.
40. Botdorf, M., **Stern, J. A.**, Cassidy, J., & Riggins, T. (2017, June). *Associations between attachment security and hippocampal and amygdalar volumes in early childhood*. Poster at the International Attachment Conference, London, UK.
41. **Stern, J. A.**, Borelli, J. L., Gaskin, G. E., & Smiley, P. A. (2017, April). *"I know how you feel": Parent empathy predicts children's emotion regulation and awareness*. Poster at the Society for Research in Child Development Biennial Meeting, Austin, TX.
42. Botdorf, M., **Stern, J. A.**, Cassidy, J., & Riggins, T. (2017, April). *Associations between attachment security and hippocampal and amygdalar volumes in early childhood*. Poster at the Society for Research in Child Development Biennial Meeting, Austin, TX.

43. **Stern, J. A.**, Borelli, J. L., & St. John, H. K. (2015, August). *Empathy and reflective functioning: Unique contributions to attachment security*. Poster at the International Attachment Conference, New York, NY.
44. Brett, B. E., Jones, J. D., Gross, J. T., **Stern, J. A.**, Martin, D. M., Lejuez, C. W., & Cassidy, J. (2015, March). *Psychometric properties of the parent-reported and teen-reported Coping with Children's Negative Emotions—Adolescent Scale*. Poster at the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.
45. **Stern, J. A.**, McCormack, C., Blakeley-Smith, A., Hepburn, S. L., & Rogers, S. J. (2014, May). *Predicting child anxiety and problem behavior: A longitudinal study of sensory symptoms in children with and without autism*. Poster at the Association for Psychological Science Annual Convention, San Francisco, CA.
46. Reaven, J., Blakeley-Smith, A., Moody, E. J., **Stern, J. A.**, & Hepburn, S. L. (2014, May). *Implementing group CBT for youth with ASD and anxiety in clinical settings: Bridging the research to practice gap*. Educational panel at the International Meeting for Autism Research, Atlanta, GA.
47. Reyes, N., Hepburn, S. L., Blakeley-Smith, A., **Stern, J. A.**, & Reaven, J. (2014, May). *Parent-reported emotional and behavioral adjustment in youth with ASD: Negative cognitions, executive function, and general cognitive abilities*. Poster at International Meeting for Autism Research, Atlanta, GA.
48. Reaven, J., Blakeley-Smith, A., Beattie, T. L., Sullivan, A. Moody, E. J., Hepburn, S. L., **Stern, J. A.**, & Smith, I. M. (2013, October). *Improving transportability of a CBT intervention for anxiety in youth with ASD: Results from a US-Canada collaboration*. Poster at the Coleman Institute National Conference, Broomfield, CO.
49. **Stern, J. A.**, Smiley, P. A., & Borelli, J. L. (2013, April). *The interaction between parent empathy during rejection and child rumination in depression*. Poster at the Society for Research in Child Development Biennial Meeting, Seattle, WA.
50. **Stern, J. A.**, Smiley, P. A., Borelli, J. L., & Miller, K. F. (2012, August). *Parent empathy: A new perspective on the intergenerational transmission of attachment*. Poster at APA/Psi Chi National Convention, Orlando, FL.
51. **Stern, J. A.**, Smiley, P. A., & Borelli, J. L. (2012, April). *Parent empathy buffers risk for depression among children with ruminating response styles*. Poster at the Scripps College Psi Chi Undergraduate Research Conference, Claremont, CA.
52. Smiley, P. A., Borelli, J. L., & **Stern, J. A.** (2012, May). *Discrepancy in perceived use of conditional regard predicts children's adjustment problems*. Poster at the Association for Psychological Science Annual Convention, Chicago, IL.
53. **Stern, J. A.**, Smiley, P. A., Borelli, J. L., & Miller, K. F. (2012, April). *Parent empathy predicts attachment security in middle childhood: A narrative approach to psychological assessment*. Poster at the Western Psychological Association Convention, San Francisco, CA.
54. **Stern, J. A.**, Smiley, P. A., & Borelli, J. L. (2011, March). *Assessing parental empathic functioning: The development of a new measure*. Poster at the Society for Research in Child Development Biennial Meeting, Montreal, Canada.

INVITED TALKS

- Fall 2022 *Early relational health: Empowering parents, practitioners, and policymakers*  
Virginia Association for Infant Mental Health, Richmond, VA
- Fall 2022 *Relational resilience: Attachment & positive Black youth development*  
Merrill Palmer Skillman Institute Colloquia Series, Wayne State University, Detroit, MI
- Fall 2022 *Empathy across three generations*  
Works-in-Progress speaker series, Youth-Nex Center to Promote Effective Youth Development, School of Education and Human Development, U. of Virginia
- Fall 2021 *Working toward anti-racist perspectives in attachment theory and research*  
Social Environment and Stress Lab (PI Hostinar), UC Davis, CA
- Spring 2021 *Childhood roots of 'being green': Moral motives for sustainability in children & adults*  
Environment, Transport and Sustainability Meeting, U. of Bath, Bath, UK
- Fall 2020 *Threat and racism: Can attachment security mitigate anti-Black racism?*  
Graduate Seminar in Developmental Psychology, U. of Maryland, College Park, MD
- Fall 2020 *Paths to becoming a developmental scientist*  
Research Methods in Psychology (Instructor: Ehrlich), U. of Georgia, Athens, GA
- Fall 2020 *Childhood roots of being green: Environmental moral reasoning in children*  
Psychology and Neuroscience brownbag, Duke University, Durham, NC
- Fall 2020 *Environmental moral concern and behavior in children and adults*  
Ideas in the Rough speaker series, Convergent Behavioral Science Initiative, U. of Virginia, Charlottesville, VA
- Spring 2020 *Political orientation: The role of emotion processing and cognitive control*  
Statecraft Lab meeting, Politics Dept., U. of Virginia, Charlottesville, VA
- Spring 2020 *Attachment: Theory, research, and applications for working with families*  
Pediatrics Fellows Conference series, U. of Virginia, Charlottesville, VA
- Fall 2019 *Relational roots of empathy and prosocial behavior*  
Developmental Psychology Lunch, U. of Virginia, Charlottesville, VA
- Spring 2019 *Relational roots of empathy across the life span*  
Psychology Brownbag Speaker Series, U. of Delaware, Newark, DE
- Spring 2017 *Beyond early adversity: Parenting and infant health*  
Attachment Pre-conference, Society for Research in Child Development Biennial Meeting, Austin, TX
- Spring 2017 *Fostering children's empathy and prosocial behavior through secure relationships*  
Learning & the Brain Conference: "Positive, resilient minds: Promoting positive behavior, empathy, grit, gratitude, and school success," Arlington, VA
- Fall 2016 *Relational roots of empathy*  
Social Development speaker's series, Radboud University, Nijmegen, The Netherlands

PANELS & TRAININGS

Spring 2022	Invited panelist, <i>Anti-racism in research</i> Diversifying Scholarship Research Conference, Dept. of Psychology, U. of Virginia
Spring 2020	Invited panelist, <i>Student resilience &amp; motivation during the COVID-19 pandemic</i> Virtual panel for K-12 students, teachers, and parents in Virginia U. of Virginia Student Impact Network
Spring 2019	Invited panel talk, <i>Building connection and community to foster resilience in schools</i> Educators Symposium on school safety after Parkland shooting American Psychoanalytic Association National Meeting, New York, NY
Summer 2018	Graduate training: <i>Writing for grad students: How to overcome resistance, create a writing practice, and develop great ideas for papers and grants</i> Graduate Student Orientation for incoming Psychology PhD students Dept. of Psychology, U. of Maryland, College Park, MD
2016-2017	Research training: <i>Parental Affective and Cognitive Empathy Scale</i> Pomona College, Claremont, CA (2016); U. of Maryland, College Park (2016); U. of Kentucky (2017); Mackay Medical College, Taiwan (2017)

**INSTRUCTION**

2022, 2023	Instructor, <i>Origin Stories</i> (EGMT1520) First-year undergraduate seminar, 35 students, Empirical Engagements course, UVA
Spring 2021	Instructor, <i>Human Relationships Across the Life Span</i> (PSYC4500-5) Undergraduate seminar, 25 students (virtual due to COVID-19), UVA
Fall 2020	Instructor, <i>Introduction to Child Development</i> (PSYC2700) Undergraduate lecture, 350 students (virtual due to COVID-19), UVA
Spring 2019	Co-Instructor (with Jude Cassidy), <i>The Psychology of Close Relationships in Adolescence: Parents, Peers, and Partners</i> (PSYC489B) Undergrad lecture, 40 students, U. of Maryland
2015 – present	>25 guest lectures in Child Development, Research Methods, and other courses U. of Maryland, U. of Georgia, U. of Virginia
Spring 2009	Teaching Assistant, <i>Psychological Approaches to the Study of People</i> (PSYC051 PO) Undergraduate lecture (Instructor: Banks), 35 students, Pomona College

**MENTORSHIP**

2022 - 2023	Mentor, <a href="#">NextGen Psych Scholars Program</a> for underrepresented psychology students
2021 - 2023	Research Mentor, <a href="#">Distinguished Majors Program</a> , Dept. of Psychology, U. of Virginia <ul style="list-style-type: none"> <li>• Justine Lee: <i>The Effect of Psychoeducation on College Students' Mental Health</i></li> <li>• Georgia Clore: <i>Associations Between ADHD and Helping Behavior in Children and Adults: Exploring the Role of Context</i></li> <li>• Lauren Breeden: <i>Adolescent Predictors of Adult Career Outcomes</i></li> </ul>
2022	Mentor, <a href="#">Diversifying Psychology Visit Day</a> , Dept. of Psychology, U. of Virginia
2020 - 2021	Mentor, <i>Pro-Diversity Student Mentorship Program</i> , U. of Virginia
2020	Research Mentor, <a href="#">Leadership Alliance Summer Research Program</a> , U. of Virginia
2014 - 2019	Research Mentor – Trained, mentored, and supervised >50 undergrad + 4 grad students to conduct research activities and advance career development, U. of Maryland
2014 - 2016	Mentor, <i>Undergraduate–Graduate Student Mentoring Program</i> College of Behavioral & Social Sciences, U. of Maryland

**SERVICE**INSTITUTIONAL SERVICE

2022	Facilitator, <i>Scholarship of Teaching and Learning (SoTL) Faculty Learning Community</i> Reading group on the science of student engagement Center for Teaching Excellence, U. of Virginia
2020 - present	Diversity, Equity & Inclusion Committee member, Dept. of Psychology, U. of Virginia <ul style="list-style-type: none"> <li>• Co-founder &amp; Exec Committee, <i>DEI Research Interdisciplinary Working Group</i></li> <li>• Subcommittee member: Graduate Curriculum, Graduate Data, Undergraduate Data</li> <li>• Facilitator, Psychology Anti-racism Summer Reading Group</li> </ul>
2019 - 2021	Committee on Sustainability - Teaching & Research Subcommittee Office of Sustainability, U. of Virginia
2019 - 2020	Race, Ethnicity, Gender & Sexuality committee, Dept. of Psychology, U. of Virginia
2018 - 2019	Field Committee in Developmental Science, U. of Maryland, College Park
2018 - 2019	Psychology Graduate Student Diversity Training Committee Dept. of Psychology, U. of Maryland, College Park, MD
2018 - 2019	Graduate Student Mental Health & Mentorship Committee Dept. of Psychology, U. of Maryland, College Park, MD
2018	Mentor of the Year Committee, U. of Maryland Graduate School, College Park, MD
2016 - 2017	Psychology Green Committee, Dept. of Psychology, U. of Maryland, College Park, MD
2015 - 2019	Invited Panelist, PSYC436 Grad School / Career Exploration Panel (annually) Dept. of Psychology, U. of Maryland, College Park, MD
2015 - 2018	Invited Panelist, PSYC Grad School Orientation - Student Panel (annually) Dept. of Psychology, U. of Maryland, College Park, MD
2014 - 2015	Sexual Assault Prevention – Student Group Facilitator, “Ten Man/ Ten Woman Plan” Dept. of Fraternity & Sorority Life, U. of Maryland, College Park, MD
2009 - 2010	Sponsor for 10 first-year students, Office of Residential Life, Pomona College

COMMUNITY ENGAGEMENT

2019 - present	Community research partnership: <i>UVA <a href="#">Living Laboratory</a></i> Science outreach with children and families in local museums and public libraries
Summer 2022	APA Services Advocacy Summit: <i>Addressing the impact of climate change on mental health and health equity</i> Congressional meetings with VA policymakers on climate & mental health, Washington, DC
Spring 2021	Neuroscience presentations for local schools: <i>This is your brain!</i> Brain Awareness Week presentations for 1 <sup>st</sup> - and 3 <sup>rd</sup> -grade students in Virginia schools
2020 - 2021	Community research partnership: <i>Evaluating a nature-based SEL program for 5<sup>th</sup>-graders</i> Evaluation of new SEL program, prepared for Walker Elementary School science teachers, Charlottesville City Schools, and local non-profit Wildrock, Charlottesville, VA
Fall 2018	Teacher workshop: <i>Building strong school relationships</i> Prepared for Meridian Public Charter School teachers & staff, Washington DC
2017	Community research partnership: <i>Mindfulness-based programs to reduce teacher burnout</i> Evaluation of a training program for K-12 teachers; Breathe For Change, Washington, DC
2009 - 2012	Volunteer, Claremont Unified School District, Claremont, CA

EDITORIAL ACTIVITIES

Editorial Board member, *Journal of Youth and Adolescence* (2021 – present)

Editorial Board member, *Attachment & Human Development* (2020 – present)

✦ Guest Editor, Special Issue, *Attachment & Human Development* (2021 – 2022)

Associate Editor & Copy-editor, *The Arrow Journal* (2014 – 2020)

Grant reviewer, Grand Challenges Catalyst Award, U. of Nebraska-Lincoln (2022)

Grant reviewer, National Science Foundation (2020)

Ad hoc reviewer:

*BMC Psychiatry*

*Brain Sciences*

*Child Development*

*Children*

*Children and Youth Services Review*

*Clinical Psychology Review*

*Cognition and Emotion*

*Conservation Biology*

*Current Psychology*

*Development & Psychopathology*

*Developmental Psychobiology*

*Developmental Psychology*

*Emotion*

*Emotion Review*

*Infant Mental Health Journal*

*Int. J. Environmental Res. & Public Health*

*J. of Child and Family Studies*

*J. of Child Psychology & Psychiatry*

*J. of Clinical Child & Adolescent Psychology*

*J. of Early Adolescence*

*J. of Experimental Child Psychology*

*J. of Family Psychology*

*J. of Personality*

*J. of Research on Adolescence*

*J. of Social & Personal Relationships*

*J. of Youth & Adolescence*

*Merrill-Palmer Quarterly*

*Motivation & Emotion*

*Personality and Social Psychology Bulletin*

*Plos ONE*

*Psychological Review*

*Psychological Trauma*

*Psychological Science*

*Psychoneuroendocrinology*

*Psychotherapy Research*

*Race and Social Problems*

*Social Cognition*

*Social Development*

*Social Psychology*

PROFESSIONAL AFFILIATIONS

- *American Psychological Association*, Member (since 2022)
- *Association for Psychological Science*, Member (since 2016)
- *Society for Emotion and Attachment Studies*, Member (since 2015)
- *Society for Personality and Social Psychology*, Member (since 2019)
- *Society for Research in Child Development*, Member (since 2014)
- *Society for Research on Adolescence*, Member (since 2015)
- *Phi Beta Kappa*, Invited Member (since 2011)
- *Psi Chi: The International Honor Society in Psychology*, Invited Member (since 2010)
- *U. of Maryland Developmental Science Field Committee*, Invited Member (2014 – 2019)
- *Virginia Clinicians for Climate Action*, Member & Advocate (since 2022)
- *Youth-Nex Center to Promote Effective Youth Development, UVA School of Education & Human Development*, Affiliate (since 2022)

## ADDITIONAL WORKS

### Measures & Coding Manuals

- **Stern, J. A.**, Marvin, M. J., Smiley, P. A., & Borelli, J. L. (2020). *Parent Affective and Cognitive Empathy Scale—Revised Scoring Manual*. U. of Virginia.
- **Stern, J. A.** (2016). *Interpersonal Reactivity Index—Parent empathy* version. U. of Maryland.
- **Stern, J. A.**, Martin, D. R., & Cassidy, J. (2016). *Attachment Story Completion Task coding manual*. U. of Maryland.
- Martin, D. R., **Stern, J. A.**, & Cassidy, J. (2016). *Caregiving Story Completion Task coding manual*. U. of Maryland.
- **Stern, J. A.**, Smiley, P. A., & Borelli, J. L. (2012). *Parent Empathy Measure*. Pomona College.
- **Stern, J. A.**, Smiley, P. A., & Borelli, J. L. (2010). *Parent Affective and Cognitive Empathy Scale Scoring Manual*. Pomona College.

### Popular Press

- **Stern, J. A.** (2022, Oct 6). “Mothers who recognize happiness in others are more responsive to their infants in first months of life.” Research feature for [The Conversation](#).
- **Stern, J. A.**, Borelli, J. L., & Smiley, P. A. (2022, Aug 3). “‘Mom gets me’: How parents’ empathy and reflection shape kids’ development,” Invited research brief for [SPSP Context & Character](#) blog.
- **Stern, J. A.** (2022, July 5). “Race, racism, and relationships: What matters for teens’ mental health?” Invited research brief for [Youth-Nex](#).
- **Stern, J. A.** (2021, July 15). “Teens with secure family relationships ‘pay it forward’ in empathy for friends.” Invited research brief for [The Conversation](#).
- **Stern, J. A.**, & Samson, R. (2020 - present). The heart and science of attachment: Life through the lens of human relationships. Blog for [Psychology Today](#).
- El Mallah, S., Pfister, T. A., & **Stern, J. A.** (2020 - present). *Antiracism resource hub for K-12 educators*. Website under development (in collaboration with UVA School of Education).
- **Stern, J. A.** (2017, January 19). Open up, lean in, stay with: Contemplative practices in uncertain times. Invited Comment in Post-Election Forum, [The Arrow Journal](#).
- **Stern, J. A.** (2015, September 15). Leveraging the science of relationships to build a compassionate society: An introduction to the special section. [The Arrow Journal](#).
- Reaven, J., & **Stern, J. A.** (2013, August 15). “Helping children with autism spectrum disorders face their fears.” Invited article for *Expert Beacon*.

### Selected Media Coverage

- “Emotionally perceptive moms are more sensitive parents.” [UVA Today](#) (2022, July 22).
- “Empathy is the skill that keeps growing.” [UVA Magazine](#) (2021, Winter Issue).
- “Root of teen empathy begins with secure relationships at home, study finds.” [CNN](#) (2021, July 15).
  - In Spanish: [CNN en Español](#) (2021, July 22).
  - Re-published in >30 international media outlets.
- “Teens with strong family relationships display greater empathy for friends.” [Theravive](#) (2021, July 21).
- “Los adolescentes que tienen una relación cercana y fuerte con sus padres tienden a ser más empáticos con sus iguales.” [Bebés y Más](#) (2021, July 21).
- Research interview on the [Let’s Go There show](#), CHANNEL Q radio (2021, July 20).
- “Teens’ empathic support for friends stem from secure attachments in family.” [Science Times](#) (2021, July 16).
- “A new UVA study says teenagers develop empathy over time, but those who feel safe and connected with their families may have a head start.” [UVA Today](#) (2021, July 15).

### Science Communication & Public Outreach

- “Grieving with social support.” Podcast interview, *Death, Grief & Other Sh\*t We Don't Discuss* (forthcoming), iHeartRadio.
- “The mental load of being a sandwich generation caregiver.” Interview with [Parents](#) (2022, Aug 11).
- “5 ways to build emotional intimacy in any relationship.” Interview with [Oprah Daily](#) (2022, July 8).

- “Your baby’s brain development.” Science consultant for [Cradlewise](#) parents’ guide (2022, June 29).
- “The importance of validating your child’s feelings.” Interview with [Psych Central](#) (2022, June 22).
- “How do I know if my child has emotional trauma?” Interview with [Scary Mommy](#) (2022, June 13).
- “A hug may help women ward off work stress, but men might need to find another way to relax.” Research commentary for [Fortune Magazine](#) (2022, May 28).
- “Vibe change anxiety.” Interview with [Mel Magazine](#) (2022, May 26).
- “Attachment styles.” Interview for UVA student-led mental health podcast, [Bring Your Own Baggage](#).
- “How to raise sons who don’t ‘mansplain’.” Interview with [Scary Mommy](#) (2022, May 2).
- “Ambiguous grief: Mourning without closure.” Interview with [Psych Central](#) (2022, Feb 25).
- “8 little ways to help your child be more empathetic.” Interview with [Parents](#) (2020, Nov 25).
- “How to deal with your child’s separation anxiety.” Interview with [The Bump](#) (2020, March 3).

## PROFESSIONAL TRAINING

### *Instruction*

- **C3 Learning-Focused Course Design:** Two-week course design program on developing learning-focused course materials and using evidence-based strategies to promote student motivation, engagement, and learning. | Center for Teaching Excellence | UVA (Summer 2020)
- **Engagements Teaching Fellows Course Design:** Designed new courses in developmental psychology for first-year college students for the university’s New Curriculum initiative. College of Arts & Sciences | UVA (Spring/ Summer 2022)
- **Psychology of Teaching:** Ten-week course to improve teaching skills, with particular focus on enhancing effectiveness of undergraduate instruction. | U. of Maryland (Fall 2017)
- **Classroom Diversity & Inclusion Workshops:** Series of workshops for instructors on addressing issues of diversity and inclusion in the classroom. | Teaching and Learning Transformation Center and Office of Diversity & Inclusion, U. of Maryland (Fall 2019)

### *Policy Advocacy & Science Communication*

- **APA Services Advocacy Summit:** Completed day-long training to engage in evidence-based policy advocacy to promote mental health, health equity, and supports for children and families at the state and federal levels. | American Psychological Association, Washington, DC (Summer 2022)
- **Climate & Health Advocacy Training:** Completed half-day training for health professionals to advocate for federal environmental justice initiatives to promote health equity. Medical Society Consortium on Climate & Health, Washington, DC (Fall 2022)
- **NSF Science Communication Workshop:** Two-day workshop to improve science communication skills, including speaking and presentation design for communicating with scientists from other disciplines, policymakers, and other non-academic audiences. National Science Foundation, Alexandria, VA (Fall 2017)

### *Statistics & Research Methods*

- **Statistics – Graduate Coursework:** 8 semesters of graduate-level coursework in statistics, including multilevel modeling, general linear modeling, causal inference and evaluation methods, factor analysis, and structural equation modeling; experience tutoring & consulting Dept. of Education Measurement, Statistics, & Evaluation, U. of Maryland (2014 – 2019)
- **Strange Situation Attachment Coder Training:** Two-week training to code infant attachment using Ainsworth’s Strange Situation procedure. | U. of Minnesota (Fall 2018)

### *Family-based Intervention*

- **Circle of Security—Core Sensitivities Training:** Three-day training on identifying and intervening around central issues in parenting | First Five Alameda County, CA (Fall 2018)
- **Registered Circle of Security Parent Educator:** Four-day training to facilitate Circle of Security—Parenting, a parenting program rooted in attachment and family systems theory. Kennedy Krieger Institute, Baltimore, MD (Spring 2015)